

Delivering the DESMOND Programme in the UK

November 2018

DESMOND is a suite of evidence-based self-management education modules and care pathways for people with, or at risk of, Type 2 diabetes. All DESMOND modules are delivered by trained Educators using specially developed resources.

If you are considering DESMOND as your programme of choice this document describes the requirements and costs associated with commencing delivering of the programme in the UK. More detail about the different DESMOND modules and toolkits available can be found on our 'What is the DESMOND Programme' leaflet. If you are from outside the UK please contact us on the details below.

What does a UK health organisation need to have in place to start?

STEP ONE

- › A commitment to provide DESMOND as part of a local agreement - this can be for patients with Type 2 diabetes, for prevention or for both, see list of available modules below. And could encompass face-to-face, online or both offerings
- › A team of staff members willing to train as DESMOND Educators
- › A site visit organised by DESMOND National Office

STEP TWO

After your site visit the following must be provided before you can be given the 'green light' to book places on educator training:

1. An assigned lead contact for site set-up, finances and queries
2. DESMOND Licence agreement between yourselves and the DESMOND National Office
3. Following receipt of a quotation from DESMOND National Office, purchase orders for licence fee, training and resources are required.

Once this is all in place DESMOND National Office will provide you with the green light to confirm places on educator training.

What are the costs associated with taking on the DESMOND Programme?

The costing structure for delivery of any face-to-face DESMOND module is made up of three elements:

1. **Annual licence fee** – £0.015p per person in your general population billed on the anniversary of when your first educator trained. (See below for additional costs if implementing MyDESMOND)
2. **Educator fee** – £1550.00 per Educator this covers:
 - a. 2-day educator training
 - b. Quality development
 - c. Study day

A purchase order for this total amount per Educator is required in advance of confirmation of training.

3. **Resources** – the cost for these varies depending on what is being ordered. Starter kits are approx. £700 containing all essential teaching aids and enough patient resources to run your first course. Any other resources can be ordered on receipt of purchase orders via our order forms; these can be found here www.desmond-project.org.uk/programmes/ordering-resources/ . For further details please email desmond.orders@uhl-tr.nhs.uk

What else is available through the DESMOND Programme?

In addition to the above we can also offer the following:

1. **MyDESMOND** – Giving your participants access to our innovative online programme following face-to-face or as a stand-alone offer. If you are considering offering MyDESMOND on its own – please contact us on the details below for an individualised quotation.
2. **Lay Educator** – this is available at the additional cost of £50 per educator – providing additional learning in advance of commencing Educator training
3. **Cultural Adaptation** – this is available free-of-charge – supporting you to culturally adapt any module
4. **Injectable Therapies toolkit** – £500.00 – designed to provide a group education for those in insulin and GLP-1 therapy
5. **A Safer Ramadan** –£500.00 - a three-part toolkit designed to provide training and education for the wider community, healthcare professionals and patients alike in supporting those who wish to fast during Ramadan

How can I find out more or book a site visit?

Please contact the DESMOND National Office by emailing either desmondnationalprogramme@uhl-tr.nhs.uk

or the DESMOND Director
Bernie.stribling@uhl-tr.nhs.uk